

## *General Class Policies*

We have created these few class policies after many years of fine tuning our 2 year old program as so everyone can get the most education and enjoyment that they possibly can:

We would like only the parent and dancer to be present in the dance room—visitors will be able to see through our viewing windows. This alleviates too much commotion and allows dancers to focus.

Please do not bring your dancer's snacks into the classroom—a water bottle is fine.

Please no pacifiers or special dolls—they are better left in the car or in the cubbies.

Although dancers may not be on task at all times (they are 2) we do ask that they are not allowed to run around the room.

**Most importantly have fun with your child. Always remember they are 2!** This is what we consider to be the best age! They are sponges!! And, so loving! It is normal to take 10-12 weeks to be totally engaged. And, then they can have a bad week!



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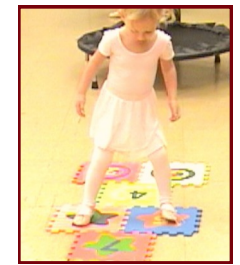
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## *Parent/Tot at MHDC*



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*“The amount of growth seen in each child by years end is truly amazing...”*

## *Description*

Our Parent/Tot program is designed with the specific needs of a 2 year old in mind. For that reason our class will use the parents to help us to orient their child to the workings of a classroom while at the same time encouraging the child's natural movement. Fine and gross motor skills are developed through the use of music, dance and their favorite obstacle courses. The amount of growth seen in each child by years end is truly amazing. When each class is ready, we will no longer need the aid of the parents. When the time has come (usually after about 6 months), our teachers and assistants will be able to work with just the children.



*“This is what we consider to be the best age! They are sponges! And, so loving!”*

## *Frequently Asked Questions*

**FAQ: Does my child need to be potty trained?** Potty training is not necessary because you will be on hand if it is necessary to change.

**FAQ: What should my child wear? What about the parent?** Female dancers should wear a black or pink leotard, pink tights and pink ballet slippers. Male dancers should wear black shorts or athletic pants and a t-shirt. As for the parents we ask that you be comfortable and be prepared to remove your shoes as street shoes are not allowed on the dance floors.

**FAQ: What if my child gets upset?** Part of the reason we have parents join the dancers is to help them to be comfortable. Your dancer can sit on your lap and you may assist them in any manner possible. We do ask if after a bit your child has not calmed that you take a break for a minute to help them relax.

*“What they know is they love it, and we know they are developing essential life skills...”*

## *FAQ Continued*

**FAQ: What can a 2 year old really learn?** After many years of working with 2 year olds, I am convinced the answer is more than we think—I have seen many who don't do a whole lot here but then go home and teach a sibling the whole class verbatim.

They will begin to learn the basics of dance. This will be achieved by developing their gross motor skills and then their fine motor skills. Always keep in mind that they learn differently than a 10 year old. They will learn to climb stairs one foot at a time, kick a ball, jump two-footed then one-footed, and learn to gallop and march to name a few.

Each child will start to develop a sense of musicality. They will further develop their skills utilizing obstacle courses. What they know is they love it, and we know they are developing essential life skills. ! They will learn to take turns and work with other children. Most importantly they will learn to follow directions. All skills needed as they progress not only in dance but in school and throughout life.